



## Dates to Remember in July:

**July 1<sup>st</sup> - Closed for Canada Day**

**July 9<sup>th</sup> - water day** - make sure you have a swimsuit, hat, and sandals or water shoes

**July 10<sup>th</sup> - Teddy Bear Picnic Day** - bring your favorite teddy

**July 10<sup>th</sup> - build your own sundae**

**July 17<sup>th</sup> - Hot Dog Day**

**TBA - BUTTERFLY RELEASE PARTY!!!!**



We're having so much fun watching our butterflies grow and hatch! Only one left to go now, so the butterfly release party will be happening soon. It's going to be an exciting day!



**Speech development is a big deal for this age group. Sometimes children show frustration or anger when they don't have the words yet. Rather than anticipating what they want or need, or responding to screaming or grunting, we give them the words ("Say 'drink, please'") and encourage them to use them. Consistency between home and daycare is important so let us know your strategies too!**

Please remember to **keep sun hats, swimsuits and towels** in cubbies for last-minute water days in this beautiful hot weather. We would also suggest **sandals or water shoes** for water days, so outdoor sneakers aren't getting soaked.



**Simple Tips for Helping Your Angry Child**

- 1 Be sympathetic.** What seems small might be hugely important for your child.
- 2 Give space, but don't isolate.** Try a time-in or use a calm down corner.
- 3 Remind them that anger is OK.** It's a normal emotion, one that we all feel.
- 4 Don't overreact.** Model a calm voice and demeanor (easier said than done).
- 5 Make eye contact.** Children need to feel heard, especially when upset.

## July Rainbow Birthdays:

**Addy - July 3<sup>rd</sup>**  
**Grayson - July 7<sup>th</sup>**  
**Eliana - July 17<sup>th</sup>**



**BIG THANKS TO BURNCO FOR THEIR HELP WITH THE SANDBOX AND SOON-TO-BE POTHOLE REPAIRS!** The back sand area is required to be a minimum of 12 inches deep, as a cushioned surface for play equipment. Every 10 years or so we top it up. This past weekend we added 40 tons of sand, bringing it up to at least 15-20 inches. It was a massive job, and I'm grateful for the help of my family and a family friend. It's a big relief to cross that project off the list!