

### OUR 7th ANNUAL PICNIC IN THE

PARK is happening at 1pm on Sept 8th at

Howard Pew Park, apologies for having to reschedule. Any current or past extended Rainbow families, pack up some snacks and swim suits and join us for a relaxing afternoon!

SEPTEMBER IS A MONTH FOR GETTING BACK INTO ROUTINE, AND STARTING NEW ONES:

## September 2024 Newsletter

### Dates to Remember:

CLOSED FOR LABOR DAY - Sept 2nd

#### 8th - ANNUAL PICNIC IN THE PARK

9<sup>th</sup> – Teddy Bear Picnic today, bring your favorite teddy!

16<sup>th</sup> - national playdough day - special playdough activities today

18th - Terry Fox Walk (please consider donating)
20th - Glow stick dance day

30<sup>th</sup> - National Truth & Reconciliation Day - PLEASE CONSIDER WEARING ORANGE TODAY

Giving-back Projects – It's never too early to teach children about social responsibility and helping others, and this helps them to connect with their community and grow as a citizen. We take on a different giving-back project every month.

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<u>Wacky Wednesdays</u> — you never know what might happen on Wacky Wednesdays, you might be learning about opposites, or wearing underwear on your head! (Clean ones of course). <u>Priendship Fridays</u> — one of the most important things young Children Can learn is friendship skills. This is why we use every-day situations to teach skills like problem solving, communication, manners, self-regulation, self esteem, and empathy. Fridays are our day to celebrate our friendships and the new skills we are developing!



# RAINBOW GIVING-BACK PROJECT FOR SEPTEMBER:

This month we will be taking part in the Terry Fox Run on Sept. 18<sup>th</sup>, to raise awareness and funds for cancer research. Our goal is to raise \$100.00, as well as to teach the Children about this Canadian hero in an age-appropriate manner. We will be walking for Terry that day, and doing a scavenger hunt for some of the things that Terry saw on his walk. If you would like to donate, a link will be provided on our Facebook. Feel free to share the link with friends and family. "I believe in miracles. I have to." – Terry Fox, 1979





Teddy Read – Your child will have the opportunity to take our bear friend home for a weekend, read special books with him, and take pictures of all the special activities Teddy experiences at your house. This is a great way to encourage literacy!

"Never do for a child what he can do for himself. A "dependent" child is a demanding child...
Children become irresponsible only when we fail to give them opportunities to take on responsibility."
- Rudolf Dreikurs &

Margaret Goldman